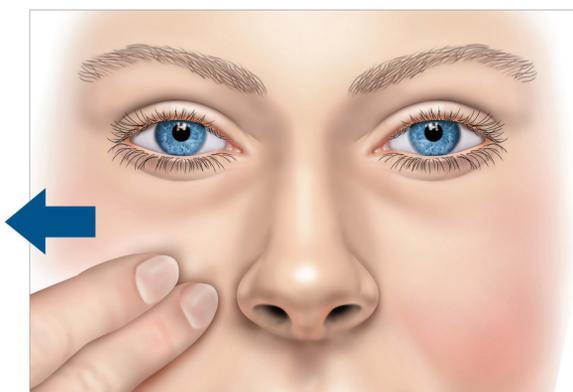


**LATERA absorbable nasal implant**

Do you have  
**trouble breathing**  
through your nose?

**Check if you have any of the following symptoms:**

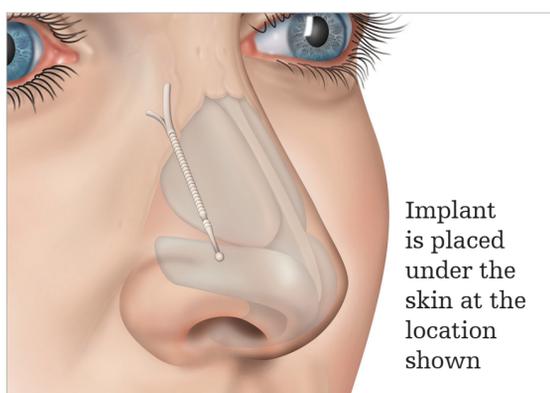
- Nasal congestion or stuffiness
- Nasal blockage or obstruction
- Trouble breathing through your nose
- Trouble sleeping
- Unable to get enough air through your nose during exercise or exertion



**Try the Cottle test**

**Does your breathing improve when you pull on your cheek to hold your nostril to the side?**

If yes, talk to your doctor about options to support your lateral nasal cartilage, which may include the LATERA implant.



**The LATERA implant is an option that may help you breathe better.**

The small LATERA implant is placed in the side wall of your nose. This supports your lateral nasal cartilage, which may reduce your nasal obstruction symptoms and help you breathe better.<sup>1</sup>

**Talk to your doctor to find out if the LATERA implant could be right for you.**

1. San Nicoló, et. al. 2017. Absorbable Implant to Treat Nasal Valve Collapse. Facial Plast Surg, 32:233-240.

**Indications for Use:** The LATERA absorbable nasal implant is indicated for supporting upper and lower lateral nasal cartilage.

Risks include mild bruising, inflammation, awareness of the implant, mild pain or irritation, discomfort, infection, reaction to material and device retrieval.

The information provided is not intended to be used for medical diagnosis or treatment or as a substitute for professional medical advice. Please consult your physician or qualified health provider regarding your condition and appropriate medical treatment. Individual symptoms, situations and circumstances may vary.

This document is intended solely for the use of healthcare professionals. A surgeon must always rely on his or her own professional clinical judgment when deciding whether to use a particular product when treating a particular patient. We do not dispense medical advice and recommend that surgeons be trained in the use of any particular product before using it in surgery.

The information presented is intended to demonstrate Stryker's products. A surgeon must always refer to the package insert, product label and/or instructions for use, including the instructions for cleaning and sterilization (if applicable), before using any of Stryker's products. Products may not be available in all markets because product availability is subject to the regulatory and/or medical practices in individual markets. Please contact your representative if you have questions about the availability of Stryker's products in your area.

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